#### SCHOOL MEAL/FEEDING PROGRAM(S)

School year: 2020-2021

· National School Feeding Programme

Lead Agency: Department of Education, Student Welfare Unit

#### NATIONAL LAWS, POLICIES, **AND STANDARDS**

✓ National school feeding policy

Nutrition

Food safety

Health

Agriculture

✓ Private sector involvement

Line item in the national budget...

✓ Yes □ No □ No response

#### BUDGET

Total: USD 407,028

Government: USD 407,028

International donors\*: USD 0

Private sector: USD 0

Other donors: USD 0

Includes funding from the United States Department of Agriculture ☐ Yes ☑ No ☐ No response

\*International donations by United Nations agencies or non-governmental organizations often represent funding from multiple donors.

#### **INFRASTRUCTURE**

All schools in Saint Lucia have electricity, clean and piped water, flush toilets, and kitchens. School meals for the National School Feeding Programme are prepared on-site (on school grounds), and kitchens are equipped with gas stoves and storage facilities.

#### **SPECIAL NOTES**

Some population numbers from the UNESCO Institute for Statistics (UIS) were used to complete this report.

#### MEALS/SNACKS/MODALITY

| Breakfast | Snacks              |
|-----------|---------------------|
| Lunch     | ☐ Take-home rations |
| Dinner    | ☐ Other             |

V Grains, cereals Roots, tubers V Legumes, pulses, nuts

**Dairy products** Eggs

V Meat Poultry Fish

V

V

П

100%

Dairy milk ☐ Yogurt drink ☐ Fruit juice

V Tea 

☐ Fruits

Salt

**Sugar** 

V Oil

Water Other

Green, leafy vegetables Other vegetables

Prohibited food items: Pickled meat (pork) and saltfish

#### **FOOD SOURCES**

✓ Purchased (domestic) ☐ In-kind (domestic) ☐ Purchased (foreign) ☐ In-kind (foreign)

#### **COMPLEMENTARY ACTIVITIES**

| V | Handwashing with soap  | Hearing testing/treatment |
|---|------------------------|---------------------------|
|   | Height measurement     | Dental cleaning/testing   |
|   | Weight measurement     | Menstrual hygiene         |
|   | Testing for anemia     | Drinking water            |
|   | Deworming treatment    | Water purification        |
|   | Eve testing/eveglasses |                           |

#### COMPLEMENTARY EDUCATION PROGRAMS

| Food and nutrition | Health              |
|--------------------|---------------------|
| Agriculture        | Reproductive health |
| School gardens     | HIV prevention      |
| Hygiene            | Physical education  |

The checked items were provided in most or all participating schools.

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# Saint Lucia



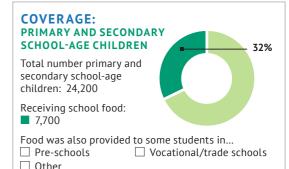


#### **SCHOOL MEAL PROGRAMS**

#### CHILDREN RECEIVING FOOD, 2020-2021

| School level     | Total  | # Enrolled | # Receiving food |
|------------------|--------|------------|------------------|
| Pre-school       | 4,432  | 3,236      | 0                |
| Primary school   | 13,900 | 13,750     | 7,000            |
| Secondary school | 10,300 | 10,229     | 700              |
| Total            | 28,632 | 27,215     | 7,700            |





### NUTRITION School feeding program(s) included/involved the following: ☐ Fortified foods ☐ Bio-fortified foods ☐ Micronutrient supplements ✓ Nutritionists involved ☐ Special training for cooks/caterers in nutrition **Objective to meet nutritional goals** ☐ Objective to reduce obesity Food items fortified/biofortified: Not applicable Micronutrients: Not applicable ADDITIONAL INFORMATION At least seven nutritionists are involved in the National School Feeding Programme. To address or mitigate overweight/

#### STUDIES CONDUCTED

included in the school curriculum.

A Review of School Feeding Programmes in the Caribbean Community' was produced by the FAO in 2021 and includes a case study and net benefit analysis of the National School Feeding Programme in Saint Lucia.

obesity, there are nutritional requirements for school meals and food restrictions on school grounds, and physical education is

#### **RESEARCH NEEDED**

None specified

#### AGRICULTURE, EMPLOYMENT, AND COMMUNITY PARTICIPATION

Jobs created by school feeding programs\*

**116** Cooks and food preparers

Transporters

Off-site processors

Food packagers and handlers

Monitoring

Food service management

Safety and quality inspectors

| , , , ,   |  |  |  |
|---|--|--|--|
| Other   |  |  |  |
| *If blank, no response was provided.  |  |  |  |
| Farmers were involved with the school feeding program(s)                                    |  |  |  |
| ✓ Yes □ No □ No response  |  |  |  |
| Other private sector (for profit) actors were involved                                      |  |  |  |
| ☐ Yes 🕑 No 🗌 No response  |  |  |  |
| There was a focus on creating jobs or leadership or income-<br>generating opportunities for |  |  |  |
| ✓ Women       □ Other groups         ✓ Youth       □ No response                            |  |  |  |
| There was community engagement (by parents or others) in the school feeding program(s)      |  |  |  |
| ☐ Yes 🕑 No 🗌 No response  |  |  |  |
| Were there links between food banks and the school feeding program(s)?                      |  |  |  |
| ☐ Yes ☐ No 🗹 There are no food banks in this country.                                       |  |  |  |
|   |  |  |  |

#### ADDITIONAL INFORMATION

Farmers sell directly to the school feeding program, providing green, leafy vegetables, eggs, and roots/tubers for the school menu. There are also youth programs aimed specifically at engaging the youth.

#### **CONTACTS: SAINT LUCIA**

**Agency:** Ministry of Education Website: www.education.gov.lc

#### SUCCESSES AND CHALLENGES

Recent successes associated with school feeding in Saint Lucia include greater awareness and appreciation for the National School Feeding Programme, engagement with local farmers to support the economy, and the incorporation of school gardens in the program. Challenges include a lack of funds and a shortage of imported goods. There is also a need for greater creativity on the part of cooks and caterers, and for more support from other government agencies to sustain the feeding program. In addition, there are some concerns related to mismanagement and food waste.

#### **EMERGENCIES/COVID-19 PANDEMIC**

The COVID-19 pandemic caused schools in Saint Lucia to operate remotely for at least some months in the 2020–2021 school year. In addition to this public health emergency, the country is also affected by natural disasters.



## NATIONAL SCHOOL FEEDING PROGRAMME

**Lead implementer(s):** Ministry of Education and the World Food Program

#### **OBJECTIVES:**

- To meet educational goals
- To provide a social safety net
- To meet nutritional and/or health goals
- To meet agricultural goals

#### **MODALITIES OF PROVIDING STUDENTS WITH FOOD:**

In-school meals

#### FREQUENCY AND DURATION:

· 5 times per week during the school year

#### TARGETING:

Students receive meals based on requests from the students themselves, their parents, or principals and teachers who assess the students' needs.

### HOW MANY STUDENTS RECEIVED SCHOOL FOOD IN 2020–2021 SCHOOL YEAR?

| School level     | # Students | % Girls | % Boys |
|------------------|------------|---------|--------|
| Pre-school       | 0          | _       | _      |
| Primary school   | 7,000      | _       | _      |
| Secondary school | 700        | _       | _      |
| Total            | 7,700      | -       | -      |

#### **FOOD AND BEVERAGE ITEMS:**

Grains, cereals Meat Salt
Roots, tubers Poultry Sugar
Legumes, pulses, nuts Green, leafy vegetables
Dairy products Other vegetables
Eggs Oil
\* fortified

#### **FOOD SOURCES:**

100% Purchased (domestic)0% In-kind (domestic)0% Purchased (foreign)0% In-kind (foreign)

If blank, no response was provided.



#### ADDITIONAL INFORMATION:

A National School Feeding Committee coordinates school feeding activities in Saint Lucia and is comprised of representatives from the Ministries of Agriculture, Health, and Education, as well as the private sector and the teachers' union. The school meal program aims to reduce food waste through the use of sealed storage, fumigation, and the use of nearly-expired food. The program also limits package waste through re-use and recycling of bags and containers.