

## SCHOOL MEAL/FEEDING PROGRAM(S)

School year: 2020–2021

- Breakfast Club for Primary State School Children
- EU School Scheme (School Scheme for Fruits & Vegetables and School Milk Scheme)

Lead Agency: Logistics Unit, Strategy & Support Department, Ministry of Education

## NATIONAL LAWS, POLICIES, AND STANDARDS

- National school feeding policy
- Nutrition
- Food safety
- Health
- Agriculture
- Private sector involvement

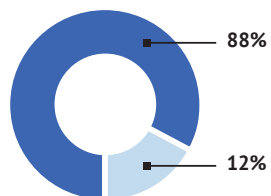
Line item in the national budget...

- Yes  No  No response

## BUDGET

Total: USD 976,536\*

- Government: USD 857,469
- International donors\*\*: USD 119,067
- Private sector: USD 0
- Other donors: USD 0



Includes funding from the United States Department of Agriculture  Yes  No  No response

\*External support for the EU School Scheme comes from European Union Common Agricultural Policy.

\*\*International donations by United Nations agencies or non-governmental organizations often represent funding from multiple donors.

## INFRASTRUCTURE

All schools in Malta have electricity, clean and piped water, and flush toilets. Meals for the Breakfast Club used to be prepared at school, though because of the COVID-19 pandemic, the meals were prepared off-site in private facilities (i.e., by caterers) in the 2020–2021 school year.

## SPECIAL NOTES

None

## MEALS/SNACKS/MODALITY

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Breakfast | <input checked="" type="checkbox"/> Snacks |
| <input type="checkbox"/> Lunch                | <input type="checkbox"/> Take-home rations |
| <input type="checkbox"/> Dinner               | <input type="checkbox"/> Other             |
- 
- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Grains, cereals       | <input type="checkbox"/> Green, leafy vegetables     |
| <input type="checkbox"/> Roots, tubers                    | <input checked="" type="checkbox"/> Other vegetables |
| <input checked="" type="checkbox"/> Legumes, pulses, nuts | <input checked="" type="checkbox"/> Fruits           |
| <input checked="" type="checkbox"/> Dairy products        | <input type="checkbox"/> Oil                         |
| <input checked="" type="checkbox"/> Eggs                  | <input type="checkbox"/> Salt                        |
| <input type="checkbox"/> Meat                             | <input type="checkbox"/> Sugar                       |
| <input type="checkbox"/> Poultry                          |  |
| <input type="checkbox"/> Fish                             |  |
- 
- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Dairy milk   | <input type="checkbox"/> Tea              |
| <input checked="" type="checkbox"/> Yogurt drink | <input checked="" type="checkbox"/> Water |
| <input type="checkbox"/> Fruit juice             | <input type="checkbox"/> Other            |

Prohibited food items: Foods that are high in sugar or fat, food with common food allergies.

## FOOD SOURCES

- Purchased (domestic)  In-kind (domestic)
- Purchased (foreign)  In-kind (foreign)

## COMPLEMENTARY ACTIVITIES

- Handwashing with soap
- Height measurement
- Weight measurement
- Testing for anemia
- Deworming treatment
- Eye testing/eyeglasses
- Hearing testing/treatment
- Dental cleaning/testing
- Menstrual hygiene
- Drinking water
- Water purification

## COMPLEMENTARY EDUCATION PROGRAMS

- Food and nutrition
- Agriculture
- School gardens
- Hygiene
- Health
- Reproductive health
- HIV prevention
- Physical education

The checked items were provided in most or all participating schools.



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GCNF is a non-political, non-profit entity. Funding for the 2019 and 2021 surveys is provided, in part, by the United States Department of Agriculture; agreement number FX18TA-1096OG002.

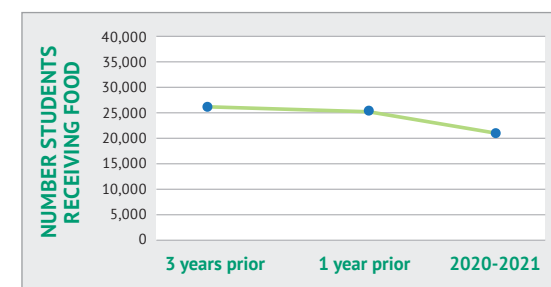
# REPUBLIC OF Malta



## SCHOOL MEAL PROGRAMS

### CHILDREN RECEIVING FOOD, 2020–2021

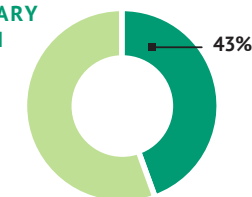
School level	Total	# Enrolled	# Receiving food
Pre-school	9,843	8,526	—
Primary school	26,967	26,967	21,162
Secondary school	21,756	21,756	0
<b>Total</b>	<b>58,566</b>	<b>57,249</b>	<b>21,162</b>



### COVERAGE: PRIMARY AND SECONDARY SCHOOL-AGE CHILDREN

Total number primary and secondary school-age children: 48,723

Receiving school food: 21,162



Food was also provided to some students in...

- Pre-schools  Vocational/trade schools
- Other

## NUTRITION

School feeding program(s) included/involved the following:

- Fortified foods
- Bio-fortified foods
- Micronutrient supplements
- Nutritionists involved**
- Special training for cooks/caterers in nutrition**
- Objective to meet nutritional goals**
- Objective to reduce obesity

### Food items fortified/biofortified:

Not applicable

### Micronutrients:

Not applicable

## ADDITIONAL INFORMATION

Nutritionists at the Ministry of Health were engaged in school feeding in Malta. Nutritional requirements for food baskets for school feeding programs were aimed at preventing or mitigating overweight/obesity.

## STUDIES CONDUCTED

Not reported

## RESEARCH NEEDED

Not reported

## AGRICULTURE, EMPLOYMENT, AND COMMUNITY PARTICIPATION

### Jobs created by school feeding programs\*

Cooks and food preparers  
Transporters  
Off-site processors  
Food packagers and handlers  
Monitoring  
Food service management  
Safety and quality inspectors  
Other

*\*If blank, no response was provided.*

### Farmers were involved with the school feeding program(s)...

- Yes  No  No response

### Other private sector (for profit) actors were involved...

- Yes  No  No response

### There was a focus on creating jobs or leadership or income-generating opportunities for...

- Women  **Other groups**  
 Youth  No response

### There was community engagement (by parents or others) in the school feeding program(s)...

- Yes  No  No response

### Were there links between food banks and the school feeding program(s)?

- Yes  No  There are no food banks in this country.

## ADDITIONAL INFORMATION

All foods for school feeding programs were procured locally, and milk for the School Milk Scheme was procured from a local cooperative of dairy farmers. The private sector was engaged in food trading and transport, catering, and the provision of utensils. Educators employed in state primary schools were remunerated for supervision duties for the Breakfast Club, which operates before the school day begins.

## CONTACTS: MALTA

**Agency:** Ministry of Education  
**Website:** [www.education.gov.mt](http://www.education.gov.mt);  
[www.publicservice.gov.mt](http://www.publicservice.gov.mt)

## SUCCESSSES AND CHALLENGES

Among the recent successes of school feeding in Malta, children have been taught about nutrition from an early age, and there has been greater interaction between children and the school feeding programs. The Breakfast Club, in particular, has been able to support parents who are both in employment or full-time students. There were no concerns about corruption or mismanagement in school feeding programs in Malta.

## EMERGENCIES/COVID-19 PANDEMIC

Schools in Malta were open throughout the 2020–2021 school year, with the exception of a few weeks in March 2021. However, some of the complementary programs that are normally offered to students, such as dental cleanings and height and weight measurement, were not offered in the 2020–2021 school year due to the COVID-19 pandemic. Overall, the number of students who received food through the Breakfast Club increased in response to the COVID-19 crisis, and the meals were served at school in a very different way than before (e.g., fewer children eating together at the same time). However, the pandemic did bring an interruption to the School Scheme for Fruits & Vegetables, such that only the School Milk Scheme operated in the 2020–2021 school year.

## BREAKFAST CLUB FOR PRIMARY STATE SCHOOL CHILDREN

**Lead implementer(s):** Logistics Unit, Strategy & Support Department, Ministry of Education

### OBJECTIVES:

- To meet nutritional and/or health goals

### MODALITIES OF PROVIDING STUDENTS WITH FOOD:

- In-school meals

### FREQUENCY AND DURATION:

- 5 days per week during the school year

### TARGETING:

Targeted towards primary school students in state schools with both parents employed and/or full-time students.

### HOW MANY STUDENTS RECEIVED SCHOOL FOOD IN 2020–2021 SCHOOL YEAR?

School level	# Students	% Girls	% Boys
Pre-school	0	–	–
Primary school	7,162	–	–
Secondary school	0	–	–
<b>Total</b>	<b>7,162</b>	–	–

### FOOD AND BEVERAGE ITEMS:

Grains, cereals	Eggs	Dairy milk
Legumes, pulses, nuts	Other vegetables	Yogurt drink
Dairy products	Fruits	Water

\* fortified

### FOOD SOURCES:

<b>100% Purchased (domestic)</b>	0% In-kind (domestic)
0% Purchased (foreign)	0% In-kind (foreign)

If blank, no response was provided.

### ADDITIONAL INFORMATION:

The Breakfast Club began operating in 2014 and operated in 71 public primary schools in the 2020–2021 school year.



## EU SCHOOL SCHEME (SCHOOL SCHEME FOR FRUIT & VEGETABLES AND SCHOOL MILK SCHEME)

**Lead implementer(s):** Agriculture & Rural Payments Agency (ARPA)

### OBJECTIVES:

- To meet educational goals

### MODALITIES OF PROVIDING STUDENTS WITH FOOD:

- In-school snacks

### FREQUENCY AND DURATION:

- 1 time per week during the school year

### TARGETING:

All state and non-state primary schools are eligible to participate. Parents/guardians of participating children assist in the redemption of milk vouchers.

### HOW MANY STUDENTS RECEIVED SCHOOL FOOD IN 2020–2021 SCHOOL YEAR?

School level	# Students	% Girls	% Boys
Pre-school	Yes*	–	–
Primary school	Yes*	–	–
Secondary school	0	–	–
<b>Total</b>	<b>14,000</b>	–	–

\*Number is unknown.

### FOOD AND BEVERAGE ITEMS:

Dairy milk

\* fortified

### FOOD SOURCES:

<b>100% Purchased (domestic)</b>	0% In-kind (domestic)
0% Purchased (foreign)	0% In-kind (foreign)

If blank, no response was provided.

### ADDITIONAL INFORMATION:

In this program, vouchers are provided to participating children, to be exchanged for one milk portion per week. The goal is to incentivize healthy eating habits from a young age. The School Milk Scheme hopes to reach 20,000 students in the 2021–2022 school year.