

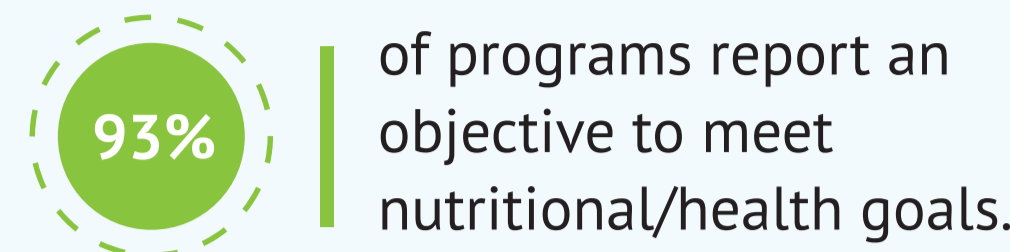
School Meals for Lifelong Health and Nutrition

NATIONAL LAWS, POLICIES, OR STANDARDS RELATED TO SCHOOL FEEDING (% of countries)



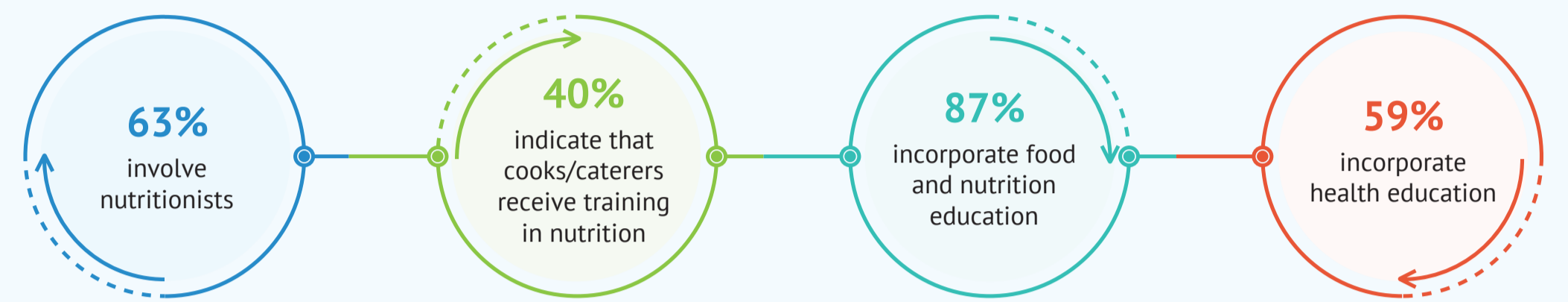
National policies, laws, and standards around school feeding can form a supportive structure to steer school meal programs in a positive direction.

Program Objectives



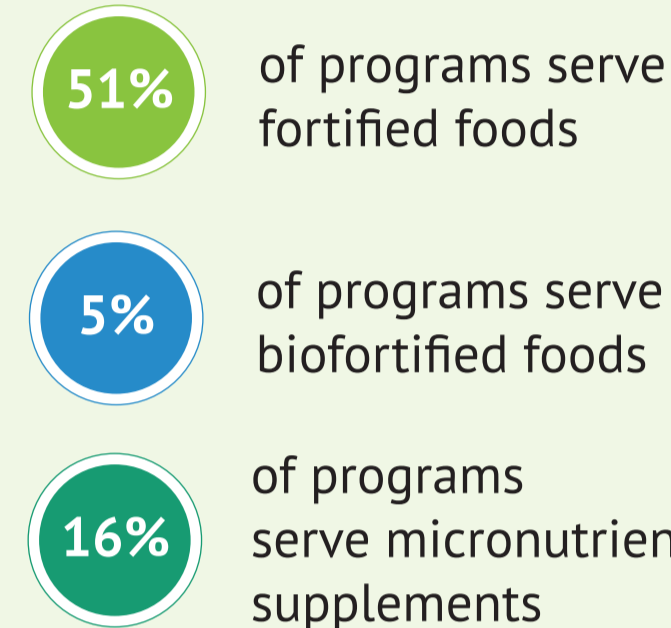
Programs in all country income classifications are equally likely to cite a focus on nutrition.

Program Activities



When access to affordable, nutritious foods is limited, fortification, biofortification, and micronutrient strategies for school meals can improve nutrition.

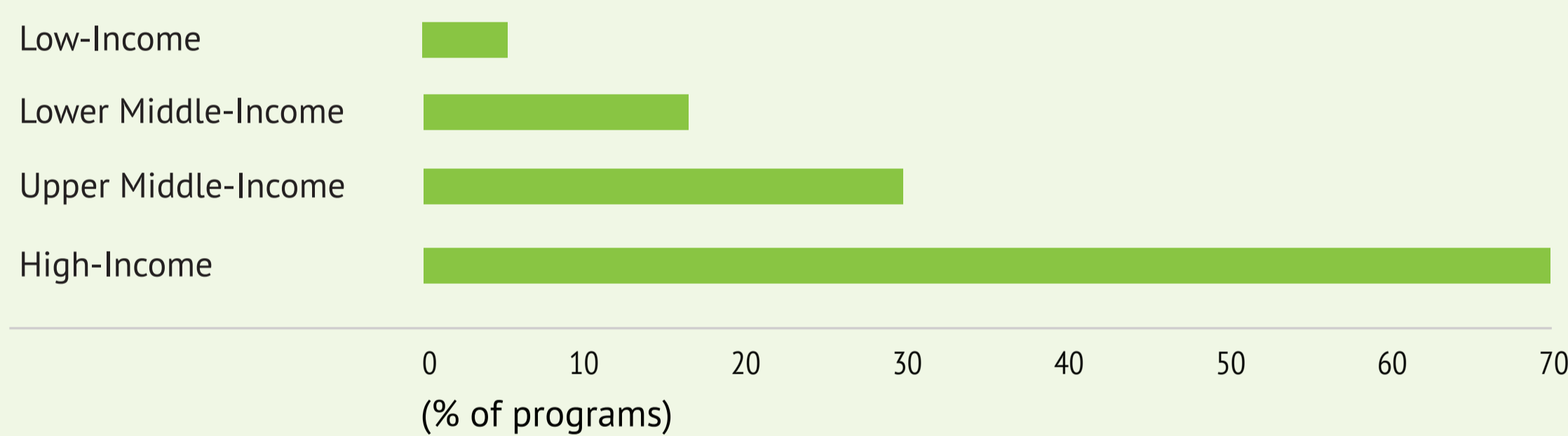
		Fortification	Biofortification	Micronutrient Supplementation
Income group	Low-Income	80%	18%	45%
	Lower Middle-Income	72%	4%	17%
	Upper Middle-Income	42%	3%	6%
	High-Income	21%	0%	2%



The top five most common fortificants are: vitamin A (74%), iodine (52%), iron (50%), vitamin D (39%), and zinc (34%)

The proportion of the global population experiencing overweight and obesity is increasing, including in low- and middle-income countries where overweight and obesity exist alongside persistent conditions of undernutrition.¹

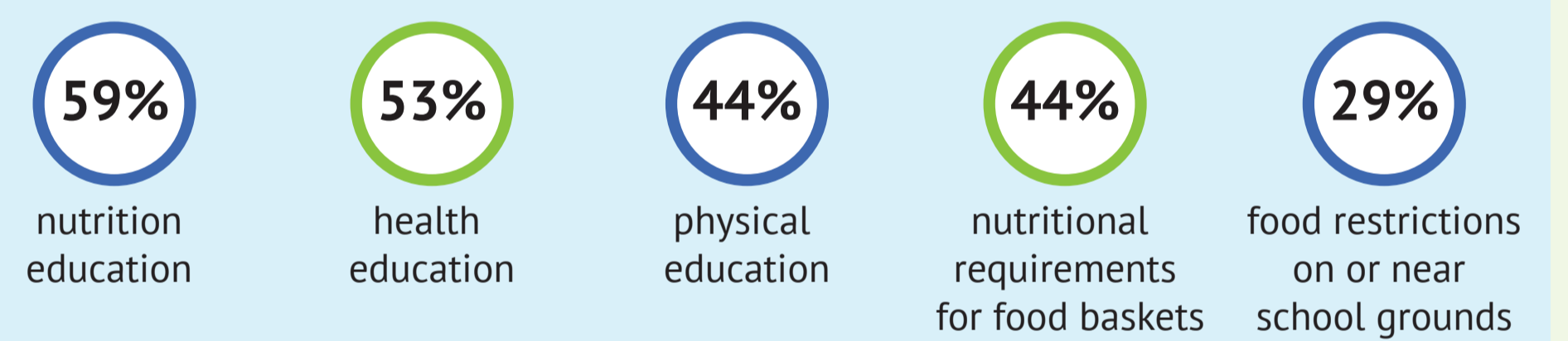
35% of programs report an explicit goal to prevent or mitigate overweight/obesity



¹The CORE Group Nutrition Working Group. Addressing Overweight and Obesity in Low- and Middle-Income Countries. March 2022.

There is a very strong association between income level and the likelihood of having an objective to prevent obesity.

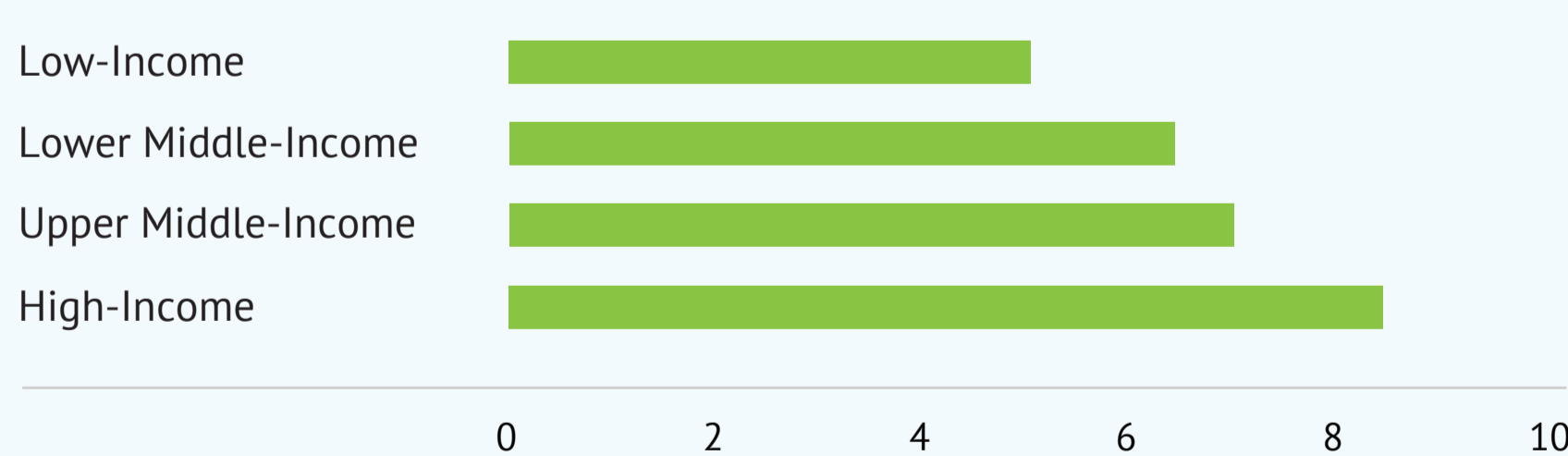
Program approaches to prevent or mitigate overweight/obesity



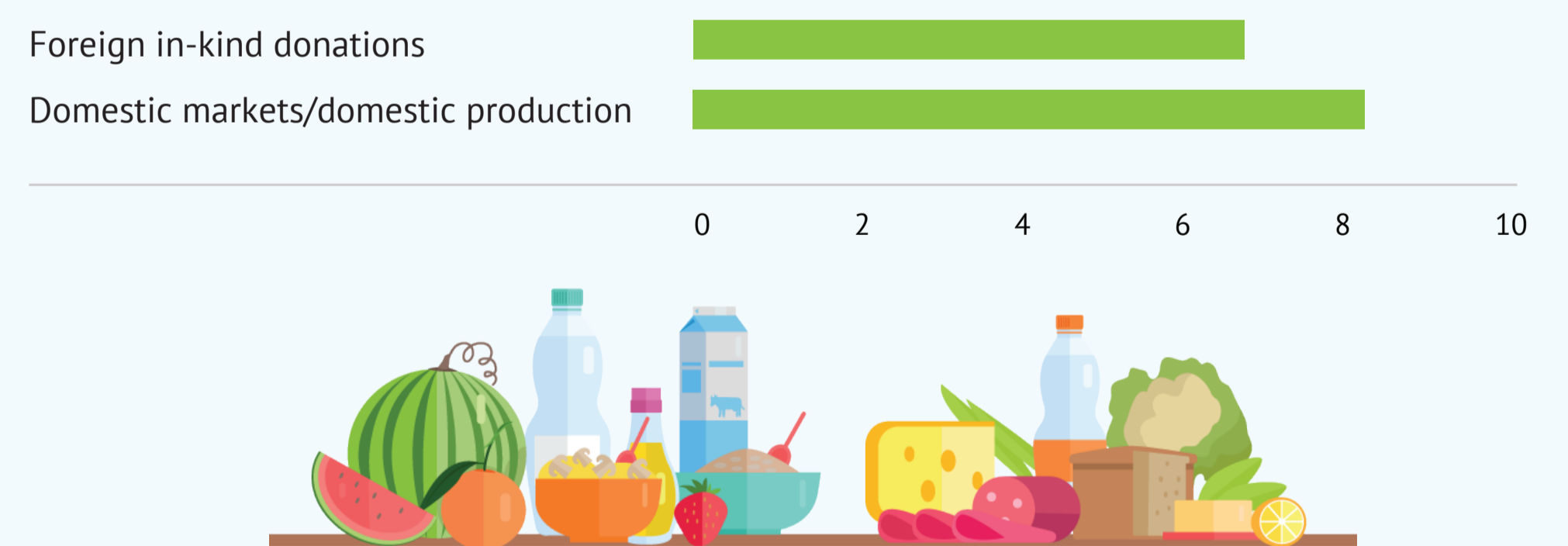
FOOD BASKET DIVERSITY ACROSS PROGRAMS BY INCOME GROUP AND AVENUE OF PROCUREMENT

Average number of food categories* per basket globally
6.9

Average number of food categories by income group:



Average number of food categories by avenue of procurement



*Food categories are: Grains/cereals, roots/tubers, legumes/pulses/nuts, dairy products, eggs, meat, poultry, fish, green leafy vegetables, other vegetables, fruits, oil



Beverages

